

Report of Annual Activities of Session 2021-2022

Many activities are conducted from time to time along with the education of students of the college, to amplify their skills and qualities. These activities are as follows:-

Seminars/Webinars/Workshops:

1.Seminar on Traffic Rules and Drug Abuse:- On 11/09/2021, a seminar was organized by the Women's Health Desk and Red Ribbon Club of the college, which was based on traffic rules and ill effects of alcohol. In this seminar, Neelam Rani sub inspector and Husan Lal gave helpline numbers to students to prevent drug abuse.

2.Webinar on Securities and Exchange Board of India(SEBI):- On 07/10/2021 Commerce Department of the college organized a webinar related to investor awareness program in association with SV Health Partner. The webinar was addressed by Mr.Shamsher Singh Sandhu, certified financial planner. In this webinar Mr.Sandhu explained to students about primary and secondary market, Demat account.

3. Seminar on SVEEP Activities:- On 19/10/2021, with the support of the District Election Department, Political Science Department of the college organized an awareness seminar to educate people about the right to vote and election. Meanwhile , song, essay and speech competitions of students conducted while addressing this seminar. Assistent District Office Daljit Singh Kango and NAB-Tehsildar Kulwaran Singh addressed the students. Winners Were specially honored by the guests.

4.Seminar on Clean and Green City, Swachhta National Unity Day, Vigilece Awareness week:- On 30/10/21 N.S.S Unit conducted seminar on cleanliness campaign, National Unity Day, Independence awareness week and clean city Green city etc. Meanwhile, Jaswinder Singh and Atinder Pal CF from Nehru center, Nawanshahr were the main guests. In this seminar, Wet and Dry waste management, Tree management , Environment management and composting from wet waste were explained.

5. Seminar on Child Protection Gender equality:- On 11/11/2021 , a seminar was conducted in the college under the supervision of ‘District Legal Service Authority’ Child welfare Committee and social sciences forum. Chairman-Cum-District Session judge Kamaljit Singh of DLSA was the chief guest in the function. CGM cum authority secretary Harpreet kaur gave information about the law made for women.

6. Seminar on promoting Women’s Cricket:- A seminar was organized by the district cricket association on 27/11/2021 to promote women’s cricket in the college. In this , seminar, Punjab Women’s Team Selector Gurdeep Kaur Said that cricket is a World famous sport and equal opportunities are available for girls. They motivated the girls to participate more in it.

7.Seminar on Immunity Improvement :-On 29/11/2021 a seminar on strengthening the body’s immunity system through Ayurvedic medicine was organized in the college.149 students were participated in this seminar. Ayurvedic Medical Officer Dr.Amanpreet Kaur Dhillon said that eating thick Cardamom strengthens the heart and is good for heart patients. She added drinking the juice and green-tea also very helpful. Applying badam rogan or desi ghee daily in the nose makes hair grow.

8.Seminar on Career Counseling:-On 20-3-2022,a career counseling seminar on choosing a career after graduation was conducted by the “Career Counseling Committee” in the college. Career counselor Harmandeep Singh from District Employment Office gave information in the seminar .On 27/04/2022, seminar was conducted by career counseling cell in the college. This seminar was organized by I.B.T. Director Pardeep and Gurcharan Singh, told the students about competitive exam. He also said that the students can participate in the competitive exam of various jobs after the 10th and 12th exams.

9. Workshop on “One District One Product” Scheme :- On 24/03/2022, the “Swachta Club” of the college conducted a workshop on “One District One Product” scheme with the support of Mahatma Gandhi council and rural education. The resource person of the workshop was professor Chetan Chitrakar, Director NGNCRE. Information was given about the Prime Minister’s Formalization of

Mirco Food Processing. Inter prize scheme, So that the female students are made capable at their on level .85 students were participated in this scheme.

10.Workshop On Advance Technology On Hair Treatment:-On 05/04/2022,a two days workshop on “Advance Technology On Hair treatment” was conducted by the cosmetology Department of the college under the supervision of madam Ranjit Kaur. In this workshop, Hair Technician and expert Nitish Kumar, Muskan and Harman gave information about Rebonding, coloring .They gave practical information about different hair style and use of chemicals.

11.Seminar On Traffic Rules by EK Bharat Shrestha Bharat Club:-On 21/04/2022, a seminar was organized in the college by “ EK Bharat Shrestha Bharat Club” and Political Science Department of the college with the support of District Traffic Police. In which the students were informed about the traffic rules by Mr. Chaman Lal and Mr.Satnam singh. He made the Students aware about following traffics rules, importance of helmet in life, while explaining traffic sign.131 students were participated.

12.Webinar on Civil Services in India:- On 23/04/2022 , The political science department of the college organized a national webinar on topic “Civil Services in India”. The resource person of this webinar was Dr.Manwinder Singh associate professor, department of general public administration Lovely Professional University. He told the students about the rules to pass the civil services exam like- IAS,IPS,PCS, along with the choosing the right subject for the civil services exam.93 students were participated in this webinar.

13.Seminar on Gender Equality and Women’s Rights:-College conducted a seminar on rights under gender equality program , district legal services and college legal literary club. In this seminar, the main speaker Balveer Kaur, advocate informed the students about the laws made for the benefit of women. She told that we must raise our voice to maintain equality between girls and boys.

14.Workshop on Makeup Art:- On 13/05/2022 , a workshop on makeup art was conducted by the department of cosmetology under the supervision of madam Ranjit. In this workshop, makeup artist Nitish informed the students about different methods of makeup. He said that different types of makeup done for

brides, engagements, receptions and parties. The students got a lot of benefits from this workshop.

15. Workshop on Handicraft:- On 18/05/2022, under the supervision of nodal officer Hardeep Kaur , Ek Bharat Shreshtha Bharat Club organized a workshop with the department of Polytechnic Science and NSS unit. Mr. Madan Lal and Prakash Kumar gave training to students about the use of jute and waste material. Its objective is to make the girls self dependent.

16. Seminar on Drug Abuse:- A special seminar on drug free India campaign and mental health was organized on 19/05/2022 by social sciences forum. Key speaker were district behaviour coordinator Gurprasad Singh, education cell incharge SI Parveen Kumar, lecturer Surjit Singh Mazur, SI Satnam Singh and social worker amrinder singh. The speakers said that drug addiction is a mental disease, which can be easily cured.

Other activities 2021-2022:

1. Havan yajna on Savan Parv: On 25/08/2021 Havan yag was conducted on the occasion of Sawan Parv. Shri Vinod Bharadwaj, secretary of the college management committee and members of Arya Samaj Nawanshahr, were presented as the chief guest.

2. Covid -19 Vaccination Camp:- On 1/09/2021 District Health Department Arya Samaj , Nawanshahr and B.L.M. college organized a vaccination camp for Covid-19. In which a total of 300 persons participated including all college employees, students , professors and residents of Nawanshahr. This camp was inaugurated by Dr. Adarsh Rajpal. He said that vaccination camp is very important to avoid diseases. On the occasion, Arya Samaj President, Mr. Vinod Bhardwaj, Mr. Varinder Sarin, Mr. Jia Lal Sharma, Mr. Lalit Mohan Pathak, Mr. Akshay Tejpal and college staff were presented.

3. Diabetes Level Check – Up:- BLM Girls College, Rotary Club Nawanshahr organized Defeat Diabetes Campaign on Heart Day. During this free blood sugar tests were done for five hundred people. Club president Gurcharan Arora said that ,this camp was organized at five places.

4.Inter college competition:- Red Ribbon Club and youth services department conducted competitions. A “District Level Mega Program” was organized on 28/09/2021, in which 5 colleges of the district were participated. Assistant Director Youth Services Mantej Singh Cheema was the chief guest . Writing , poster making, Quiz , declamation competition were organized .Tanu Mahe of B.L.M.Girls college stood 2nd and got Rs.3000/ cash prize. In poster making Yadwinder Kaur of B.L.M. Girls college got 3rd position.

5.Celebration of Poshan Pakhwada:- On 3/10/2021, NSS celebrated a nutrition fortnight(Poshan Pakhwada). 77 students were participated in various competitions. Along with organizing a covid-19 vaccination camp in the college, the students participated in slogan writing , short video making. 3-Days yoga was conducted by madam Gurbhinder Kaur. Students were given a free sugar test and advised to eat nutritious food.

6.Poster making competition on Drug Abuse:- On 07/10/2021, Anti- Drug poster making competition was conducted under the campaign “Healthy Punjab, Drug Free Punjab”. The students gave a message to make the society drug free in their posters.

7.Celebration of world Polio Day:- On 24/10/2021, NSS Unit celebrated the world polio day with the support of rotary club. On this occasion , club president Mr. Gurcharan Arora told the students about the history of polio and emphasized on spreading its awareness in society. After this DR. Balwinder (DIO) of civil hospital informed students about the dosage of polio drops.

8.Essay writing , Debate and Singing competition under SVEEP activities:-On 25/10/2021, students of B.L.M. Girls college participated in essay writing and speech competitions. The topic related to “Indian democracy and the people of india”. Meanwhile the students of B.L.M. presented a play related to elections. Chief guest was EDC Cum SVEEP Nodal officer Jasbir Singh. Total number of students participated were 20.

9.Talent Hunt:- On 26/10/2021, youth club of college organized a talent hunt program. Modelling, dance, group dance and folk song competitions were conducted in the program. 150 students were participated in the program.

10. Quiz competition on SVEEP Activities:- On 13/11/2021, In order to make, people aware about voting, under the SVEEP activities competitions were organized for students. Present members were DC Cum District Election Officer, EDC(General) Jasbir Singh, assistant District Nodal officer Satnam Singh.

11. Celebration of Constitution Day:- On 26/11/2021, Department of Political Science, an online quiz competition dedicated to the Constitution Day was organized.

12. Youth Festival:- on 9/12/2021, interzonal Youth Festival was organized in the campus of Guru Nanak Dev University in which students Simranjeet Kaur (M.A. Political Science) got 3rd position in Mehndi Competition.

13. Declamation Competition:- On 14/12/2021, Nehru Yuva Kendra Nawanshahr, District Youth Officer Vandana conducted speech competition at the district level. In which student of B.L.M. Gurjit kaur, won 2nd prize.

14. Seven Days NSS Camp:- A Seven Day Camp(From 26/12/2021 to 1/1/2021) was organized by N.S.S unit, in village Chuharpur. The Drug free rally organized by Volunteers was flagged off. College students made poster related to the elections and encouraged people to vote. Along with this, saplings were planted under the “Swachhata Awareness Campaign” at the Anganwadi center, Government Primary Smart School, and other common areas of the village. So students were participated in the NSS Camp.

15. Lohri Celebration:- Lohri Festival was celebrated by the youth club of the college on 13/01/2022. The students and staff members participated in it.

16. Havan Yajna on Basant Panchami:- on 15/02/2022, Havan was organized by the college on the basant panchami festival. On this occasion, president of college committee Mr. Desh Bandhu Bhalla, Secretary Mr. Vinod Bharadwaj, College Principal Taranpreet Kaur Walia, staff members and students were participated.

17. Voter Awareness Pledge and Rally:- On 17/02/2022, Department of Political Science organized voter awareness pledge and rally. District DC Sarangal and S.M.P. Kanwardeep Kaur flagged off the voter awareness rally from the district

administrative complex. 72 students were participated in this rally with enthusiasm.

18.Celebration Of Mother Language Day:- On 28/02/2022, Department of Punjabi celebrated Mother Language Day, the staff and students took up the task of promoting the Punjabi Language.

19.Slogan Writing and Sketching Competition:- On 03/03/2022 Hindi and Sanskrit Department celebrated Dr. Maharishi Swami Dayananda Saraswati Jayanti. Slogan writing and sketching competitions were organized. In the competition, Kajal won the 1st prize , Amritpal won the 2nd prize and Ntasha Gangar won 3rd prize.

20. Celebration of Women's Day:- On 08/03/2022, International Women's Day was celebrated in the college by N.S.S. unit. In the poster making competition , Amritpal won the 1st prize, Ravinder Kaur won the 2nd prize and Sarabjit won the 3rd prize. Along with this Dilpreet , Gurjit Kaur , Jaspreet won 1st, 2nd, 3rd prizes respectively.

21. Alumni Meet :- Alumni Meet was organized in the college on 12/03/2022. 25 old students participated in the meet . In the meet, the former students were entertained. Modeling of former students was conducted in the meet. The title of the Best walk won by Rupinder Kaur , the title of Best smile by Ranjit Kaur.

22.Holi Celebration:- ON 17/03/2022, THE YOUTH CLUB CELEBRATED Holi by putting Tilak on each other.

23.Poster Making Competition on War:- On 17/03/2022, Poster Making and speech competitions were conducted by Hardeep Kaur, Head of Political Science Department. The theme of the competition was 'War and Peace'. In these competitions, Amanpreet Kaur won the 1st prize, Daisy won the 3rd prize and Deepika won the prizes.

24.Annual sports Meet:- A two days (31/03/2022 and 01/04/2022) annual sports day was celebrating in the college. The athletic meet was inaugurated by Vibha Arora, Director of Vision way Institute as chief guest. On this occasion, president of management committee Desh Bandhu Bhalla, secretsry Shri Vinod Bhardwaj ,

Jia Lal Sharma were present. Various sports activities were conducted in this athletic meet.

25. Seven days Yoga Camp:- From 24/04/2022, college social sciences forum and NSS organized Yog Shiver which lasted till 30th April. Mr. Manoj Kanda from art of living covered the finer points of yoga as well as pranayama, Yoga postures and deep breathing exercises. The shivar was inaugurated by Principal Taranpreet Kaur Walia and certificates were also given to the female students who participated in it.

26. Quiz competition of Commerce:- On 15/05/2022 , the commerce department conducted a quiz competition . In this competition 6 teams were formed. Questions were asked on the subjects of accounts , economics, business management, income , sales tax etc. Out of these 6 teams , the 2 teams won. Total 18 students were participated.

27.Book Talk of ‘Hamlet’:-On 19/05/2022, a book talk was organized by the English Literacy Society. On this Occasion,458th birthday of the great English writer Mr.Shakespeare, information was given about his own play ‘Hamlet’.

28. Celebration of World Bicycle Day:-On 31/05/2022 “World Bicycle Day” was celebrated by the NSS unit of the college. In this 10km cycle rally was conducted.

29.Documentary Film:-NSS on 14/06/2022 Volunteers were shown an online documentary on google. This documentary was conducted by the Government of India Ministry of Youth Affairs and Sports as per instructions of Guru Nanak Dev University to students on the memory of India’s freedom, struggle and martyredom.

30.Celebration of Blood Donation Day:-“World Blood Donation Day” was celebrated on 14/06/2022.This day was ordered to be celebrated as blood donation day according to the instructions of the department of family welfare under the government of Punjab.In this,the students were told to donate more blood.

31. Celebration of Library Day:-on 17/06/2022 as per the instructions of the Assistant Commissioner under the supervision of college Librarian Miss Noble, P.N. Panicker’s death anniversary was celebrated. P.N. Panicker is the father of the Library of Kerala. On this occasion, Miss Noble encouraged the students to read books in the mobile and computer era by donating books.

