

Session 2022-2023

Minutes of Meeting

A meeting regarding 'Remedial Class ' by the Department of English was conducted in the Principal's office on 20th September,2022.A serious issue concerning the poor level of English in backward students of B.A.1st sem was discussed. It was decided that Mrs. Nivedita, Associate Prof. in English would take an extra class of the weak students of B.A .1st sem in the subject of General English. It was further decided that students in the class will be asked to give the names of the interested ones for the remedial class.

Nivedita
Class In charge

Nivedita
Principal
B.A. Girls College
Nawanshahr
Distt. Deob.

Session - 2022 - 23

Class - B. A Sem I

Remedial Class

From 27th September to 27th October, 2022

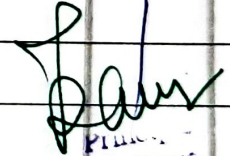
Impressions

Date

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Roll No	Name	27	28	29	30	01	02	03	04	05	06
01	Jasmeen	P	P	A	P	P		P	P		P
04	Anjali	P	P	P	P	P		P	P		P
08	Hardeep Kaur	A	P	P	P	P		P	P		P
10	Parmeet Kaur	P	P	P	P	P		P	P		P
11	Baljeet Kaur	P	P	P	P	P		P	P		P
13	Muskan	P	A	P	P	P		P	P		P
20	Anu	P	A	P	P	P		P	P		P
21	Deepika	P	P	P	P	P	S	P	P	H	P
24	Gurdeep Kaur	P	A	P	P	P	U	P	P	O	P
30	Manisha	P	P	P	P	P	N	P	P	L	P
31	Bandhna	P	A	P	P	P	D	P	P	I	P
32	Joyti	P	P	P	P	P	A	P	P	D	P
33	Arshdeep Kaur	P	A	P	P	A	Y	P	P	A	P
37	Harman	P	P	A	P	P		P	P	Y	P
38	Payal	P	P	P	A	P		P	P		P

Navneet K



B.L.M. Girls College
Nawanshahr Doaba

Session - 2022-23

Class - B.A Sem I

Remedial Class

From 27th September to 27th October, 2022

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Roll No	Name	07	08	09	10	11	12	13	14	15	16	17	18
01	Jasmeen	P	P		P	P	P	A	P	P		P	P
04	Anjali	P	P		P	P	P	P	P	P		P	P
08	Hardeep Kaur	P	A		P	P	P	A	P	P		P	P
10	Paarnmeet Kaur	P	P		P	P	P	P	P	P		P	P
11	Baljeet Kaur	P	P		P	P	P	P	P	P		P	P
13	Muskan	P	P		P	P	P	P	P	A	S	P	P
20	Anu	P	P	S	P	P	P	P	P	P	U	P	P
21	Deepika	P	P	U	P	P	P	P	P	P	N	P	P
24	Gurdeep Kaur	P	P	N	P	P	P	P	P	P	D	P	P
30	Manisha	P	P	D	P	P	P	P	P	P	A	P	P
31	Bandhna	P	P	A	P	P	P	P	P	P	Y	P	P
32	Joyti	P	P	Y	P	P	P	P	P	P		P	P
33	Akshdeep Kaur	P	A		P	P	P	P	P	P		P	P
37	Harman	P	P		P	P	P	P	A	P		P	P
38	Payal	P	P		P	P	P	P	P	P		P	A

Muskan

[Signature]
Principal
S.L.M. Girls College
Nawanshahr Doaba

Session - 2022-23

Class - B.A Sem I

Remedial Class

from 27th September to 27th October, 2022

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Roll No	Name	19	20	21	22	23	24	25	26	27
01	Jasmeen	P	P	P	P			A		P
04	Angali	A	P	P	P			P		P
08	Hardeep Kaur	P	P	P	P			P		P
10	Parmeet Kaur	P	P	P	P			P		P
11	Balraj Kaur	P	P	P	P			P		P
13	Muskan	P	A	P	P			P		P
20	Anu	P	P	P	P	S	H	P	O	P
21	Deepika	P	A	P	P	U	O	P	N	P
24	Gurdeep Kaur	P	P	A	P	N	L	P	L	P
30	Manisha	P	P	P	P	D	I	P	E	P
31	Bandhna	P	P	P	P	A	D	P	A	P
32	Jyoti	P	P	P	P	Y	A	A	V	P
33	Akshdeep Kaur	P	P	P	P		Y	P	E	P
37	Harman	P	P	P	P			P		P
38	Payal	P	P	P	P			P		P

Prepared by

Principal
B.L.M. Girls College
Nawanshahr Doab

Session 2022-2023

A Report of the Remedial Class in English (From 27th September to 27th October, 2022)

From 27th September to 27th October, 2022, in the Room No.2, the coaching class of academically weak students of B.A 1st sem, the number of which was 15, was started for 30 days in the 8th period. Basic focus was on the revision of theory questions and re-teaching of the grammar part and also the tests concerning it. Daily attendance was marked. It is hoped that the students will show marked improvement in the final examination in the late November.

Mirzadeh
Class in charge

[Signature]
Principal
B.L.M. Girls College
New Office Building

Session 2022 -2023

Minutes of the meeting

Regarding 'A Bridge Course 'of 'Effective Communication' for B.C.A 1st students.

A meeting regarding 'The Bridge Course ' for B.C.A 1st class was conducted on 1st September ,2022, in the Principal's office. The members of English and Computer Science Departments were present there. Mrs. Nivedita, Associate Prof. in English suggested principal Madam to conduct 'A Bridge Course 'for B.C.A 1st year students on the topic of 'How can we do Effective Communication '

The suggestion of Mrs. Nivedita Madam was appreciated by all the members present there. The Principal Madam gave her permission to do the necessary efforts to arrange a special 'Bridge Course ' in the 8th period in the Computer Lab. The meeting continued for 30 minutes and ended on a positive note on educating students with great zeal and enthusiasm.

Nivedita
Class in charge

Ram
Off. Principal
S.L.M. College
Nawanshahr Doaba

Bridge Course

From 9th September to 26th September, 2022

Impressions

Date

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Roll No	Name	9	10	11	12	13	14	15	16	17	18	19	20
1051	Ramanpreet	P	A		P	P	P	P	P	P			P
1052	Baljit Kaur	P	P		P	P	P	P	P	P			P
1053	Simranjeet Kaur	P	P		A	P	P	P	P	P			P
1054	Manpreet Kaur	P	P		P	P	P	P	P	P			P
1055	Nisha	P	P		P	P	P	P	P	P			P
1056	Manpreet Kaur	P	P		P	P	P	P	P	P			P
1057	Harpreet	P	P		P	P	P	P	P	P			P
1058	NavKiran	P	P		A	P	P	P	P	P			P
1059	Gaganjot	P	P	S	P	P	P	A	P	P	S	O	P
1060	Bharti	P	P	U	A	P	P	P	P	P	U	N	P
1061	Sushila	P	P	N	P	P	P	P	P	P	N	L	P
1062	Raj Rani	P	P	A	P	P	P	P	P	P	A	E	P
1063	Harmanpreet	P	P	A	P	P	P	P	P	P	A	A	A
1064	Jolly	P	P	Y	P	P	P	P	P	P	Y	V	P
1065	Komaljeet Kaur	P	P		P	P	P	P	P	P		E	A
1066	Simranjit	P	P		P	P	P	A	P	P			P
1067	Palvi Tanagar	P	P		P	P	P	P	P	P			P
1068	Dikshit	P	P		P	P	P	P	P	P			P
1069	Jaskirat Kaur	P	P		P	A	P	P	P	P			A
1070	Gurneet Kaur	P	P		P	P	P	P	P	P			P
1071	Simran	P	P		P	P	P	P	P	P			P
1072	Shivani	P	P		P	P	P	P	P	P			P
1073	Shabnam	P	P		P	P	P	P	P	P			A
1074	Simmi	P	P		P	P	P	P	P	P			P
1075	Jessica	P	P		P	P	P	P	P	P			P
1076	Bandhna Kumari	P	P		P	P	P	P	P	P			P
1077	Simranjit Kaur	P	P		P	P	P	P	P	P			P
1078	Beerpal	P	P		P	P	P	P	P	P			P
1079	Harwinder Kaur	P	P		P	P	P	P	P	P			P

Harwinder

[Signature]
Principa

Session 2022-23

Class B.C.A. Semi I

Bridge Course

From 9th September to 26th September, 2022

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Roll No	Name	21	22	23	24	25	26
1051	Romanpreet	P	P	P	P		P
1052	Baljit Kaur	P	P	P	P		P
1053	Simsanjit Kaur	A	P	A	P		P
1054	Manpreet Kaur	P	P	P	P		P
1055	Nisha	P	P	P	P		P
1056	Manpreet Kaur	P	P	P	P		P
1057	Lovepreet	P	P	P	P		P
1058	Navkiran	P	P	P	P		P
1059	Gaganjot	P	P	A	P		P
1060	Bhanti	P	P	P	P		A
1061	Sushila	P	P	P	P		P
1062	Raj Rani	P	P	P	P	S	P
1063	Hamanpreet	P	P	P	P	U	P
1064	Jolly	P	P	P	P	N	P
1065	Komaljeet Kaur	P	P	P	P	A	P
1066	Simsanjit	P	P	P	A	A	P
1067	Palvi Tanagar	P	P	P	P	Y	P
1068	Dikshit	P	P	P	P		P
1069	Jasvirat Kaur	P	P	P	P		P
1070	Gurneet Kaur	P	P	P	P		A
1071	Simran	P	P	P	P		P
1072	Shivani	P	P	P	P		P
1073	Shabnam	P	P	P	A		P
1074	Simmi	P	P	P	P		P
1075	Jessica	P	P	P	P		P
1076	Bandhna Kumari	P	P	P	P		P
1077	Simsanjit Kaur	P	P	P	P		P
1078	Beerpal	P	P	P	A		P
1079	Harwinder Kaur	P	P	P	P		P

J. Vivek

Principal
B.L.M. Girls College
Nawanshahr Doaba

Session 2022-2023

A Report of Bridge Course for the students of class B.C.A 1st.

A daily class on the topic of Effective Communication of B.C.A 1st year students was taken by Mrs. Nivedita , Associate Prof. in English from 9th September to 26th September ,2022.The students were taught in detail about the main process of Effective Communication. The students attended these classes with great interest and zeal. The way of teaching was very simple keeping in view the level of the students. At the end of the course ,a great transformation was noticed in the students' academic skills. They noticed a great change in their learning behavior at the end of the course.

Nivedita
Class in charge

Ram
Principal
R.M. Girls College
Newmanahalli, Dharwad
Off. Principal

B.L. M Girls College, S.B.S Nagar.

Report

Name of the Event: Seminar on "Women's Health and Hygiene"
 Date: 04/10/2022
 Department: Youth Club
 Objective: To sensitize girls towards key aspects of health and hygiene.

Brief Facts: The seminar was organised by Youth Club of the BLM Girls College, SBS Nagar under the supervision of IQAC. In this seminar four resource persons from Ivy Hospital SBS Nagar gave their view points on different topics. Dr. Amandeep informed about women's health, diet and hygiene. Dr. Prabhjeet gave his views on human bone structure and bone care and how we can handle bones and muscles injuries. Dr. Shivani and Dr. Nidhi explained stress management and the remedies to control the increasing stress in our daily life.

Coordinator

Office Principal
 B.L.M. Girls College
 Nawanshahr
 BLM Girls College SBS Nagar

ਬੀ. ਐੱਲ. ਐੱਮ. ਗਰਲਜ਼ ਕਾਲਜ 'ਚ ਬਿਮਾਰੀਆਂ ਦੀ ਜਾਂਚ ਲਈ ਲੱਗਾ ਕੈਂਪ

ਨਵਾਂਸ਼ਹਿਰ, 4 ਅਕਤੂਬਰ (ਗੁਰਬਖ਼ਸ਼ ਸਿੰਘ ਮਹੇ)-ਬੀ. ਐੱਲ. ਐੱਮ. ਗਰਲਜ਼ ਕਾਲਜ ਨਵਾਂਸ਼ਹਿਰ ਵਿਖੇ ਯੂਥ ਕਲੱਬ ਦੇ ਇੰਚਾਰਜ ਡਾ. ਗੋਗੀ ਤੇ ਸਹਿਯੋਗੀ ਉਭਾਰ ਸਿੰਘ ਦੀ ਦੇਖ-ਰੇਖ ਵਿਚ ਗਾਇਨੀ, ਓਰਥੋ ਤੇ ਤਣਾਅ ਸੰਬੰਧ 'ਤੇ ਸੈਮੀਨਾਰ ਕਰਵਾਇਆ।

ਦਾ ਟੁੱਟਣਾ, ਖਿਚਾਅ, ਨੀਲ ਪੈਣੇ, ਗਿੱਟੇ ਦਾ ਖੁੜ ਜਾਣਾ, ਪੱਠਿਆਂ ਵਿਚ ਖਿਚਾਅ ਆ ਜਾਣਾ, ਅੰਦਰੂਨੀ ਸੱਟ ਅਤੇ ਬਾਹਰਲੀ ਸੱਟਾਂ ਬਾਰੇ ਕਿਵੇਂ ਡਾਕਟਰ ਏਡ ਦੇਣੀ ਤੇ ਫਿਰਤੀ ਸੱਟ ਤੋਂ ਇਕਦਮ ਡਾਕਟਰ ਕੋਲ ਲਿਜਾਣਾ, ਉਸ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ।

ਵੱਖਰੇ-ਵੱਖਰੇ ਖੇਡਾਂ ਵਿਚ ਵੱਖਰੇ-ਵੱਖਰੇ ਤਰੀਕੇ ਨਾਲ ਆਪਣੇ ਸਰੀਰ ਨੂੰ ਵਾਰਮ-ਅੱਪ ਕਰਨ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੱਤੀ। ਇਸ ਸੈਮੀਨਾਰ ਦੇ ਅੰਤ ਵਿਚ ਡਾ. ਸ਼ਿਵਾਨੀ ਤੇ ਡਾ. ਨਿਧੀ (ਫਿਜ਼ਿਓਥੈਰੇਪਿਸਟ) ਦੋਹਾਂ ਨੇ ਸਟਰੈੱਚਿੰਗ, ਮੈਨੇਜਮੈਂਟ ਦੇ ਬਾਰੇ ਵਿਦਿਆਰਥਣਾਂ ਨੂੰ ਜਾਣੂ ਕਰਵਾਇਆ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅੱਜ ਦੇ ਯੁੱਗ ਵਿਚ ਹਰ ਕੋਈ ਇਨਸਾਨ ਕਿਸੀ ਨਾ ਕਿਸੀ ਤਣਾਅ ਦੇ ਦਬਾਅ ਵਿਚ ਦੱਬਿਆ ਹੋਇਆ ਹੈ, ਇਸ ਤਣਾਅ ਨੂੰ ਦੂਰ ਕਰਨ ਲਈ ਸੰਗੀਤ, ਖੇਡਾਂ, ਆਪਣੇ ਮਨ ਦੇ ਵਿਚਾਰ ਦੱਬੇ ਹੋਏ ਵਿਚਾਰ ਕਿਸੇ ਨਾਲ ਸਾਂਝੇ ਕਰਨੇ, ਸਵਾਸ ਕਸਰਤ ਤੇ ਯੋਗਾ ਆਦਿ ਤਰੀਕਿਆਂ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਮਝਾਇਆ। ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਅੱਜ-ਕੱਲ੍ਹ ਦੇ ਸਮੇਂ ਵਿਚ ਵਿਦਿਆਰਥੀਆਂ ਵਿਚ ਆਪਣੀ ਪੜ੍ਹਾਈ ਤੇ ਟੀਚੇ ਨੂੰ ਲੈ ਕੇ ਬਹੁਤ ਹੀ ਜ਼ਿਆਦਾ ਤਣਾਅ ਬਣਿਆ ਹੋਇਆ ਹੈ, ਇਸ ਤਣਾਅ ਨੂੰ ਦੂਰ ਕਰਨ ਲਈ ਆਪਣੇ ਮਨਪਸੰਦ ਦੀ ਹੋਰ ਵਾਧੂ ਗਤੀਵਿਧੀਆਂ ਵਿਚ ਹਿੱਸਾ ਲੈਣ ਨਾਲ ਸਾਡਾ ਤਣਾਅ ਦੂਰ ਹੁੰਦਾ ਹੈ। ਇਸ ਮੌਕੇ ਸੁਰਿੰਦਰ ਕੌਰ, ਨਿਵੇਦਿਤਾ, ਡਾ. ਅਰੁਣਾ ਪਾਠਕ, ਡਾ. ਅਰੁਣਾ ਸੁਕਲਾ, ਗੁਰਬਿੰਦਰ ਤੇ ਪੂਜਾ ਅਰੋੜਾ ਆਦਿ ਬਾਮਲ ਸਨ।



ਬੀ. ਐੱਲ. ਐੱਮ. ਗਰਲਜ਼ ਕਾਲਜ ਨਵਾਂਸ਼ਹਿਰ ਵਿਖੇ ਕਰਵਾਏ ਗਏ ਸੈਮੀਨਾਰ ਦੀ ਤਸਵੀਰ। ਅਜੀਤ ਤਸਵੀਰ